ENTRY FORM



PRESENTED BY THE DISABLED ROAD RACE FOUNDATION

Please note: this form is for athletes only

MEDICAL INFORMATION

Surname	
First Names	
ID Number	
Postal Address	
Town	
Postal Code	
Email Address	
Group/Sport Club	
Medical Aid	No Medical Aid
Medical Aid Name	
Medical Aid Plan	
Medical Aid Number	
Emergency Contact Person (Name and Number)	
Allergies	

RULES

- 1. The race is subject to the rules of ASA, ASWDRAA, IPC, IAAF, ISMWSF and IWAS
- 2. You must obey the marshalls, traffic officers and officials at all times
- 3. No cyclist or private vehicle will be allowed on the routes.
- 4. All the athletes must wear temporary licences
- 5. Age restrictions:
 - a. Racing Wheelchairs: 21 km and 42 km 15 years or older
 - b. Hand cyclist: 21 km and 42 km 15 years or older
- 6. The entry fee will not be returned unless the organisers reject the entry
- 7. Helpers are not permitted to run with the chairs
- 8. Cut-off time: 3 hours
- 9. Athletes in the 42.2 km, 21.1 km and 10 km MUST wear crash helmets

INDEMNITY AND WAVER

Participants in the Outeniqua Chair Challenge and related activities ("the Event") acknowledge that although all precautions have been taken by the organising body, there might be dangers inherent in the participation in the event.

Participants voluntarily assume such risks and waive all claims of whatsoever nature and howsoever arising in relation in the event against any parties, including but not limited to the organising body, sponsors, advertisers, local authorities, directors, employees and suppliers of those parties and any individual, official, marshall or agent ("the Parties").

Participants irrevocably indemnify the Parties against any liability and claims of any nature whatsoever and however arising (whether directly or indirectly, whether from negligence, albeit, gross and/or from involvement in a passage to or from the event, including but not limited to liability for delay, inconvenience, accident, death, injury, illness to their person or, loss or damage of property, or cost and expense sustained, incurred or put to by participants, and stroke/or by any minor children under the care or control of participants.

Parents or guardians authorising a minor's participation in the event hereby agreed for such a minor to be bound to the forgoing and further indemnify the parties to the extent, if any, to which such minor is not capable of waiving his/her rights as stipulated above.

I hereby acknowledge that I have read and fully understand and, agree to the above-mentioned indemnity waiver.

SIGNATURE PARTICIPANT (Parent/Guardian	if under age)	D D M M	YYYY		
RACE COMPETITOR PARTICULARS This section must only be completed by 42.2 km, 21.1 km and 10 km athletes. You can only enter ONE race. Please tick all relevant boxes.					
This section must only be completed by 42.2.1		tes. You can only enter on	Trace. Fleuse tier all relevant boxes.		
Male	Female	Junior	Senior		
Paraplegic	Quadriplegic	Cerebral Palsy			
Racing chair	Hand cycle	Basketball chair			
42.2 km (R100)	21.1 km (R80)	10 km (R60)			
T51 / T52	T51 / T52				
T53 / T54	T53 / T54				
FUN EVENT This section must be completed by those participating in this event. Please note: No wheelchairs available. Please bring your own. I will be participating in this 5km event (R50) Are you bringing someone to push you? Yes No					
T-SHIRT SIZE					
S M L	XL XXL	XXXL			
PRESENT YOUR ID DOCUMENT AT THE EVENT REGISTRATION ON 14 FEBRUARY 2020 FROM 11:00 - 18:00					
BANKING DETAILS					
Account name: DISABLED ROAD RACE FOUNDATION Branch: Nedbank George Account Number: 250 603 1006 Branch code: 150 605 / 109 114 Account type: Savings account					







Please fax a deposit slip directly to +27 (0) 86 679 1603 with attention Alewijn, or email <u>dyndev@mweb.co.za</u>. Online entry forms can be found at <u>www.georgeocc.co.za</u>. Online ticket entries can be found on Entryrush.



